

Wearing a Face Mask



- ✓ Make sure it covers your nose and mouth.
- ✓ Fit it snugly under your chin.
- ✓ Fit it snugly against the sides of your face.
- ✓ Don't touch the mask while wearing it.
- ✓ Wash your hands before putting it on and after taking it off.



Don't pull below your chin.



Don't pull below your nose.



Don't wear on your head.



Don't hang over one ear.